

FLHS Master Schedule Update

Curriculum, Instruction & Assessment (CIA) Board of Education Subcommittee

October 16, 2023

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Thank you to FLHS Scheduling Committee!

Dr. Jennifer Amos, Principal Andrea Abt, ESOL Teacher Sarah Bazzano, Math Coordinator Ada Belanger, Parent Dr. Toni Ann Carey, Director of Sp. Ed. Jody Chadwick, Visual Arts Teacher Patty Cord, Registrar Paul Cullagh, ELA Coordinator Chris Dossena, Science Teacher Kristy Emery, Assistant Principal Jen Fields, School Psychologist Amy Fishkin, Asst. Supt. for C&l Matt Foley, PE Teacher

Paul Frisch, Science & Technology Coordinator
Dave Gee, Director of Technology
Nicole Goldstein-Regan, Instructional Assistant
Joe Klausz, PE & Health Coordinator
Heather Kranz, Visual Arts Coordinator
Adam Lodewick, Director of Health, PE, Athletics

Deana Longden, Special Education Coordinator Dana Luna, Science Teacher Rori Mackie Coschigano, Guidance Counselor **Steve Marcisz**, Coordinator of Guidance Sarah Matthews, Performing Arts Teacher Graci-Lynn McLaurin, Student **Doug McLellan**, World Language Teacher **Lorraine Minotti**, World Language Coordinator Jenny Olson, Social Studies & Business Coordinator Sue Ostrofsky, Interim Principal Ana Piquero, Assistant Principal Anita Rivera Chiariello, ELA Teacher Greg Ronel, Student Brigida Smythe, Special Education Teacher **Jason Spector**, Assistant Principal Kristen Valente, Parent Matt Vanacoro, Music & Performing Arts Coordinator

Adrienne Viscardi, Director of ESOL Programs

Michele Zaino, Special Education Coordinator

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Current 10-Day Cycle

FLHS 2023-2024 Bell Schedule

| Day A/1 | | Day B/2 | | Day C/3 | | Day D/4 | | | Day E/5 | | | | | |
|------------------------------|--------------------------------|-------------------------|------------------------------|--------------------------------|-------------------------|------------------------------|--------------------------------|-------------------------|------------------------------|--------------------------------|------------------------------------|-------------------------------|--------------------------------|------------------------------|
| 7:45-8:38 Course 1 | | | 7:45-8:38 Course 1 | | | 7:45-8:38 Course 2 | | 7:45-8:38 Course 1 | | 7:45-8:24 Course 1 | | | | |
| | 8:43-9:36 Course 2 | | | 8:43-9:36 Course 2 | | | 8:43-9:36 Course 3 | | 8:43-9:36 Course 3 | | 8:29-9:08 Course 2 9:13-9:52 | | | |
| 9:37 | -9:42 Fox P | ause | 9:37-9:42 Fox Pause | | | 9:37-9:42 Fox Pause | | 9:37-9:42 Fox Pause | | | Course 3 9:53:9:59 Fox Pause | | | |
| 9:47-10:22 Early Lunch | 9:47-10:40 Course 4 | 9:47-10:40 Course 4 | 9:47-10:22 Early Lunch | 9:47-10:40 Course 3 | 9:47-10:40 Course 3 | 9:47-10:22 Early Lunch | 9:47-10:40 Course 4 | 9:47-10:40 Course 4 | 9:47-10:22 Early Lunch | 9:47-10:40 Course 4 | 9:47-10:40 Course 4 | 10:04-10:34 Early Lunch | 10:04-10:43 Course 4 | 10:04-10:43 Course 4 |
| 10:27-11:20 Course 4 | | | 10:27-11:20 Course 3 | | | 10:27-11:20 Course 4 | | | 10:27-11:20 Course 4 | | | 10:39-11:18 Course 4 | | |
| | 10:45-11:20 Middle Lunch | 10:45-11:38 Course 5 | | 10:45-11:20 Middle Lunch | 10:45-11:38 Course 6 | | 10:45-11:20 Middle Lunch | 10:45-11:38 Course 5 | | 10:45-11:20 Middle Lunch | 10:45-11:38 Course 5 | | 10:48-11:18 Middle Lunch | 10:48-11:27 Course 5 |
| 11:25-12:18 Course 5 | 11:25-12:18 Course 5 | 11:43-12:18 Late | 11:25-12:18 Course 6 | 11:25-12:18 Course 6 | 11:43-12:18 Late | 11:25-12:18 Course 5 | 11:25-12:18 Course 5 | 11:43-12:18 Late | 11:25-12:18 Course 5 | 11:25-12:18 Course 5 | 11:43-12:18 Late | 11:23-12:02 Course 5 | 11:23-12:02 Course 5 | 11:32-12:02 Late Lunch |
| 2 | 12:23-1:16 Course 7 | | 12:23-1:16 Course 7 | | | 12:23-1:16 Course 6 | | 12:23-1:16 Course 6 | | 12:07-12:46 Course 6 | | | | |
| | 424244 | | | | | | | | 12:51-1:30 Course 7 | | | | | |
| 1:21-2:14 Course 8 | | 1:21-2:14 Course 8 | | 1:21-2:14 Course 7 | | 1:21-2:14 Course 8 | | | 1:35-2:14 Course 8 | | | | | |

Survey Results: Challenges with Current Schedule

Lack of Consistency

Special Needs & Organization

Logistics & Planning

Safety

Lack of daily consistency makes it difficult to establish class routines, develop rapport, reinforce skills and concepts

Students have had a lot of trouble managing the schedule, workload, attention span and increased anxiety with transitions

Students missing classes because they are confused; Planning, material setup & test administration are challenging with a complex drop schedule

Overcrowded middle lunch period; Difficult locating students quickly in an emergency

Advantage of Drop/ Block

Deeper instruction

Breaks & Variety

Time Management

"I support dropping periods each day to allow students to focus their attention on fewer classes, lighten homework loads, and lengthen periods."

"Lessons can delve deeper into the content, the students are less exhausted on drop days."

"It's nice to have a break from every class once in a while. It keeps me interested in the classes and gives you a break with stressing about homework sometimes."

"The aspects of the drop schedule helps me time manage my work and my responsibilities."

"I think it better prepares them [students] for college."

I think longer periods are better but not at the cost of the complications caused by the rotating drop schedule.



Survey Results: Key Priorities for Staff & Students

- 1. Consistency
- 2. Predictability
- 3. Easy to understand
- 4. Less transition time / fewer classes daily
- 5. Allow for deeper, more multi-layered lesson planning
- 6. Support time for students during the day
- 7. Not meeting every class every day / Breaks / Variation
- 8. Some longer classes for more learning
- 9. Some shorter classes to maintain focus
- 10. Simplify by minimizing distractions and confusion





Key Findings from Research

- Before you build a schedule, set priorities
- Period length only impacts student outcomes insofar as effective use of instructional time
- Block schedules appear to offer a slightly higher degree of flexibility than traditional schedules
- Increased flexibility of block schedules, however, must be balanced with well-planned curriculum and professional development
- Instructors teaching in block schedule should use varied teaching methods



FLHS Master Schedule Guiding Principles

- 1. Be accessible and meet the needs of all students
- Be predictable for both students and staff, with some variability, within a consistent structure
- 3. Be simple enough so it is easy to understand and follow by all
- 4. Allow teachers to be purposeful and creative in their planning
- Utilize instructional time effectively, within each discipline, in order to optimize student learning and the student learning experience
- 6. Be viable and sustainable over time
- 7. Aligned with research-based best practices in high school scheduling
- 8. Optimize opportunities for students to explore interests and have diverse learning experiences outside, within, and beyond the core requirements
- 9. Create opportunities for collaboration within and outside the classrooms, across grade levels, and across content areas
- 10. Be supported by ongoing professional development

FLHS Scheduling Committee Process ~ Spring 2023

April 2023 Discussed Survey results in Fox Pause;

Committee Meeting #1:Goal setting & timeline

June 1, 2023

Committee Meeting #4: Finalize Guiding Principles; Begin Analysis of 58 Master Schedules

Summer 2023

Committee Mtg #2:

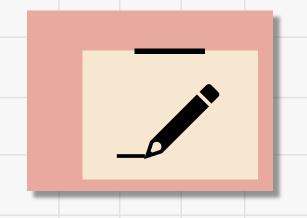
Analyzed Schedule
Survey Results;

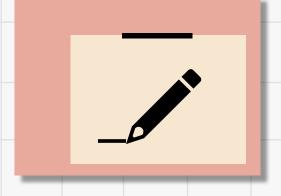
Goal Setting; Develop Guiding Principles May 2023 Committee Mtg #3:

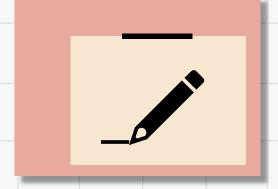
Finalize Guiding
Principles;
Research Optimal
Schedules for Secondary
Students

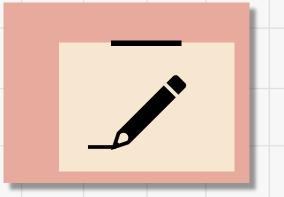
June 14, 2023 Met with Michael
Rettig, Scheduling
Consultant; Analyzed
Scheduling Options
from Committee

Consider Non-Negotiables







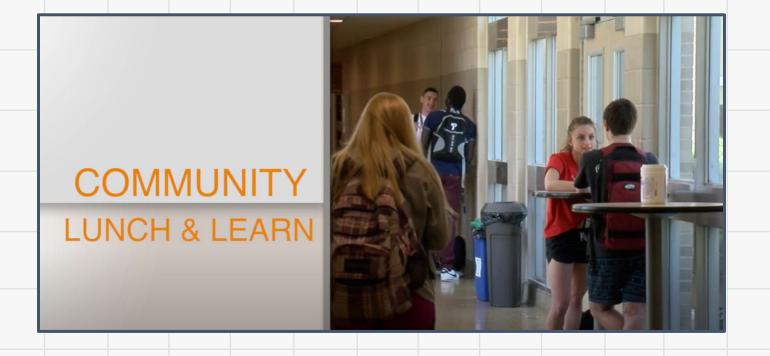


Stay within contractual guidelines

Physical Space of Building & Lunch (space, on/off campus) Other factors such as BOCES, Science Lab minutes, etc. Upcoming construction with Bond Projects & Budgetary Implications

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COMMUNITY LUNCH & LEARN



One of the challenges that continually surfaced in our discussions was issues around lunch. Students wanting more time for lunch, crowded lunch periods, and safety issues.

Community Lunch and Learn Cherokee High School, Lenape School District

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EXPLORATION OF BLOCK SCHEDULE



Block scheduling is a type of academic scheduling in which each student has fewer classes per day. It replaces a more traditional program of six or seven 40–50 minute sessions with longer class periods that meet fewer times each day and week. A typical block-schedule class, for example, would last 90 or 120 minutes and meet every other day, rather than daily.



Option A: Hybrid-Block Schedule

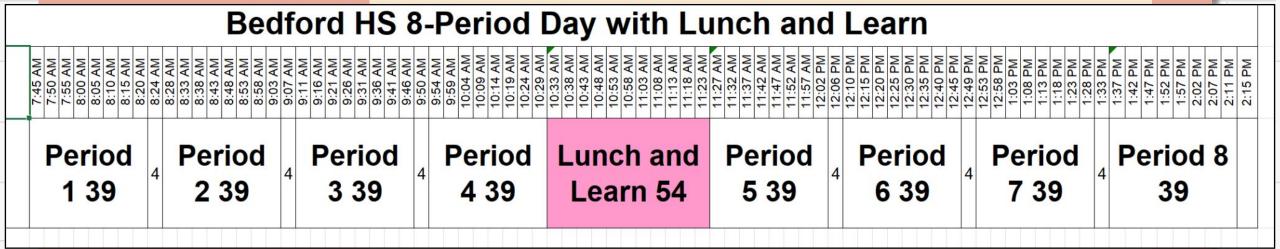
| | Bedford | HS Hybr | rid Period and B | ock Schedul | e: Period Days Be | ell Schedule |
|-------------------|--|--|--|--|---|---|
| | 7:45 AM 7:50 AM 7:55 AM 8:00 AM 8:05 AM 8:10 AM 8:15 AM 8:20 AM | 8:24 AM 8:28 AM 8:33 AM 8:38 AM 8:43 AM 8:48 AM 8:53 AM 8:58 AM | 9:07 AM 9:11 AM 9:11 AM 9:21 AM 9:26 AM 9:36 AM 9:41 AM 9:50 AM 9:59 AM 10:09 AM | 10:24 AM 10:29 AM 10:33 AM 10:43 AM 10:53 AM 10:53 AM 10:58 AM 11:08 AM 11:08 AM 11:08 AM 11:13 AM 11:13 AM | 11:27 AM 11:27 AM 11:37 AM 11:42 AM 11:52 AM 11:57 AM 12:06 PM 12:10 PM 12:20 PM 12:25 PM 12:25 PM 12:35 PM 12:35 PM 12:35 PM | 12:59 PM 12:53 PM 12:53 PM 13:58 PM 13:58 PM 13:59 PM 13:39 PM 13:39 PM 13:37 PM 13:37 PM 13:37 PM 13:37 PM 13:47 PM 13:57 PM 13: |
| Day 1 | Period 1 39 | 4 Period 2 39 | | Lunch and Learn 54 | Period 5 39 4 Period 6 39 | 4 Period 7 39 4 Period 8 39 |
| Day 2 | Period 1 39 | 4 Period 2 39 | 4 Period 3 39 4 Period 4 | Lunch and Learn 54 | Period 5 39 4 Period 6 39 | 4 Period 7 39 4 Period 8 39 |
| Day 3 | Period 1 39 | 4 Period 2 39 | 4 Period 3 39 4 Period 4 | Lunch and Learn 54 | Period 5 39 4 Period 6 39 | 4 Period 7 39 4 Period 8 39 |
| Day 4 | Period 1 39 | 4 Period 2 39 | 4 Period 3 39 4 Period 4 | Lunch and Learn 54 | Period 5 39 4 Period 6 39 | 4 Period 7 39 4 Period 8 39 |
| | Bedford | HS Hybi | rid Period and B | lock Schedul | e: Block Days Be | II Schedule |
| | 7:45 AM 7:50 AM 7:55 AM 8:00 AM 8:05 AM 8:10 AM 8:15 AM 8:20 AM | 8:24 AM 8:33 AM 8:33 AM 8:38 AM 8:43 AM 8:48 AM 8:53 AM 8:58 AM | 9:05 AM 9:13 AM 9:13 AM 9:23 AM 9:28 AM 9:38 AM 9:38 AM 9:35 AM 9:52 AM 9:55 AM 10:01 AM 10:11 AM | 10:26 AM 10:31 AM 10:33 AM 10:38 AM 10:48 AM 10:53 AM 10:53 AM 11:08 AM 11:13 AM 11:13 AM | 11:27 AM 11:37 AM 11:37 AM 11:42 AM 11:52 AM 11:52 AM 12:06 PM 12:10 PM 12: | 12:47 PM 12:47 PM 12:55 PM 1:00 PM 1:00 PM 1:10 PM 1:15 PM 1:25 PM 1:34 PM 1:34 PM 1:38 PM 1:38 PM 1:38 PM 1:38 PM 1:58 PM 1:58 PM 2:03 PM 2:03 PM 2:15 PM |
| Day 5 | Perio | od 1 80 | 8 Period 3 80 | Lunch and Learn 54 | Period 5 80 | 8 Period 7 80 |
| Day 6 Period 2 80 | | 8 Period 4 80 | Lunch and Learn 54 | Period 6 80 | 8 Period 8 80 | |

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Option B: Rotating Drop Schedule

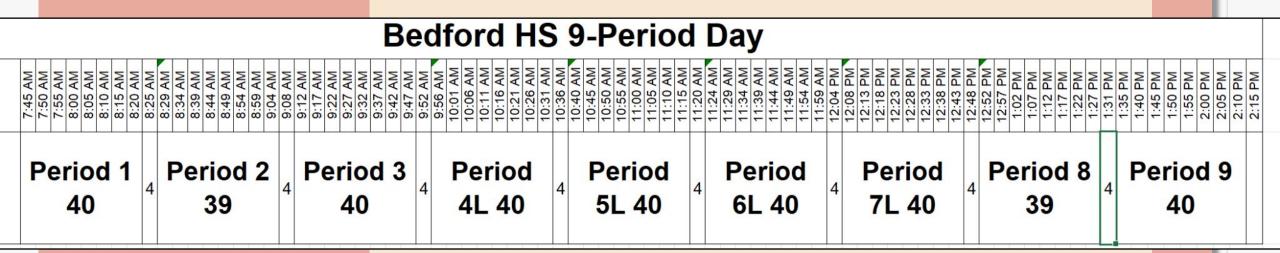
| Bedford HS Drop Schedule with Lunch and Learn | | | | | | | | |
|---|---|---|--|--|--|---|---|--|
| | 7.45 AM 7.50 AM 7.55 AW 8.00 AM 8.05 AM 8.10 AM 8.20 AM 8.25 AM 8.30 AM 8.30 AM 8.30 AM | 8:49 AM 8:49 AM 8:59 AM 8:59 AM 9:09 AM 9:19 AM 9:24 AM 9:29 AM 9:34 AM | 9:41 AM 9:46 AM 9:51 AM 9:56 AM 10:01 AM 10:11 AM 10:21 AM 10:21 AM 10:26 AM | 10:34 AM 10:39 AM 10:44 AM 10:54 AM 10:59 AM 11:09 AM 11:14 AM 11:14 AM | 11:28 AM 11:33 AM 11:33 AM 11:43 AM 11:53 AM 11:58 AM 12:03 PM 12:03 PM 12:13 PM 12:13 PM 12:13 PM 12:13 PM | 12:25 PM 12:35 PM 12:35 PM 12:45 PM 12:55 PM 13:05 PM 13:05 PM 13:05 PM 13:05 PM 13:05 PM 13:05 PM 13:05 PM | 1.12 PM 1.22 PM 1.32 PM 1.32 PM 1.42 PM 1.52 PM 1.52 PM 1.57 PM 2.02 PM 2.02 PM 2.15 PM 2.15 PM 2.15 PM | |
| | Period 1 55 | 4 Period 2 53 4 | Period 3 53 | Lunch and Learn 54 | Period 4 53 4 | Period 5 53 | 4 Period 6 53 | |
| | Bedford HS Drop Schedule with Lunch and Learn Meeting Pattern #1 | | | | | | | |
| | 7:45 AW 7:50 AW 7:55 AW 8:00 AW 8:05 AW 8:15 AW 8:20 AW 8:25 AW 8:30 AW 8:30 AW | 8.44 AM 8.49 AM 8.59 AM 8.59 AM 9.09 AM 9.14 AM 9.19 AM 9.29 AM 9.37 AM | 9.41 AM 9.45 AM 9.51 AM 9.55 AM 10:01 AM 10:11 AM 10:16 AM 10:26 AM 10:26 AM | 10:39 AM 10:39 AM 10:49 AM 10:59 AM 10:59 AM 11:09 AM 11:19 AM 11:19 AM | 11:28 AM 11:33 AM 11:33 AM 11:43 AM 11:53 AM 11:58 AM 12:03 PM 12:03 PM 12:13 PM 12:13 PM 12:13 PM | 12:25 PM 12:30 PM 12:30 PM 12:40 PM 12:50 PM 12:55 PM 12:55 PM 12:55 PM 12:55 PM 12:55 PM 12:55 PM 12:55 PM 12:55 PM 13:55 PM 13: | 1.18 PM 1.22 PM 1.32 PM 1.32 PM 1.42 PM 1.42 PM 1.52 PM 2.02 PM 2.13 PM 2.15 PM 2.15 PM | |
| Day 1 | Course 1 | Course 2 | Course 3 | Lunch and Learn 54 | Course 5 | Course 6 | Course 7 | |
| Day 2 | Course 4 | Course 1 | Course 2 | Lunch and Learn 54 | Course 8 | Course 5 | Course 6 | |
| Day 3 | Course 3 | Course 4 | Course 1 | Lunch and Learn 54 | Course 7 | Course 8 | Course 5 | |
| Day 4 | Course 2 | Course 3 | Course 4 | Lunch and Learn 54 | Course 6 | Course 7 | Course 8 | |

Option C: 8-Period Day & Lunch and Learn



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Option D: Traditional 9-Period Day with 4 Lunch Periods



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Committee Next Steps ~ 2023-2024



- Continue research of Community Lunch & Learn and master schedule options by visiting local high schools
- Gather additional input and feedback from the faculty, staff, students, parents, and Board of Education regarding the determination of the master schedule
- Determine viability with current courses and current student enrollment
- Committee to make a recommendation of a final schedule
- BOE adoption of schedule, communication and planning with all stakeholders

Master Schedule Timeline of Next Steps



| Date | Task |
|-------------------------|---|
| October 4-13, 2023 | FLHS Committee meeting & visits to Westlake, Somers, Rye HS 🗸 |
| October 16, 2023 | FLHS Leadership Discussion w/ CIA Board Subcommittee |
| October 25, 2023 | Schedule discussion w/ Board of Education & Mike Rettig |
| October 2023-Jan 2024 | Committee continue discussions, planning, and preparation |
| December - January 2024 | Potential BOE Adoption of FLHS New Master Schedule |
| January - June 2024 | Continue planning and preparation |

THANK YOU! Questions?



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